



Personal Stories, Real Impact & more!

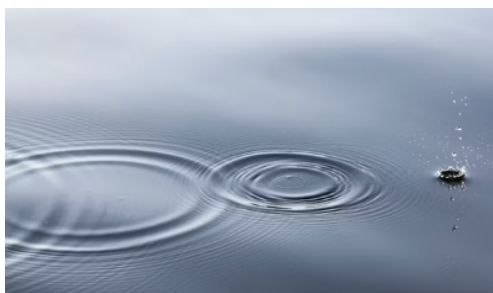
Our newsletter is written with our readers in mind. At your request this month, we're featuring helpful suggestions for living with MS. Also included, three testimonials on how iConquerMS is changing lives!



NEWSLETTER SNAPSHOT

Not enough time to read an entire newsletter? Our August newsletter snapshot contains the highlights in a quick, easy to read format.

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Receiving an MS diagnosis can be a lot to process. Want to learn some strategies for adapting to the disease?

[Read more...](#)

Join us as we dive into the personal stories of three [iConquerMS RIDE Council](#) members and how the initiative is making a difference.

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Your donation helps ACP share useful information about living with MS to network members and the wider MS community.

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By elevating underrepresented voices, the [iConquerMS RIDE Council](#) aims for inclusive MS research and optimal care for everyone.

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Research studies this month include one for Kesimpta users, exploration into childhood experiences, and a study on exercise and wellness for wheelchair users.

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Our newsletter is written with our readers in mind. Please [let us know](#) if there are topics you would like to learn more about. We'll keep them in mind for future issues!



Jan and Lindsey, the ACP newsletter team

P.S. The [iConquerMS RIDE Council](#) won the Jury Special Award of the Made With Patients Awards, presented at the Patient Engagement Open Forum in May! [Read more...](#)

